



EQUIPMENT CATALOGUE

Practical aids and equipment to help
you live more independently.



HOW WE CAN HELP

Our Equipment & Advice service has a range of specialist items and aids to help make living with sight loss easier.

TRY BEFORE YOU BUY

We can demonstrate equipment and help you decide what may work best for your needs.

Equipment service

Erica	BH postcode areas of Dorset	01202 712869
Colin	Whole of Dorset via our sight equipment vehicle	07534 865491

Community Support Workers

Heather	BH1-BH15 and BH17	07936 749502
Gemma	BH16, BH18, BH21-25, BH31 and SP6	07729 618303
Leah	DT9-10 and SP7-8	07789 997620
Hayley	DT3-8	07483 191881
Velleeta	DT1-2, DT11, BH19 and BH20	07761 459997
Kate	Bournemouth, Poole and Christchurch - clubs and activities	07555 057060

KITCHEN & HOUSEHOLD

● Liquid Level Indicator (LLI)



Helps you make a hot drink without overfilling the cup. When the liquid reaches the metal prongs, the device alerts you.

Prices from £12

● Talking tins



A magnetic talking label that lets you record the contents of a tin or container - useful for telling similar items apart.

Prices from £15

● Talking kitchen scales



Talking scales announce the weight aloud, making it easier to measure ingredients accurately.

Prices from £50

KITCHEN & HOUSEHOLD

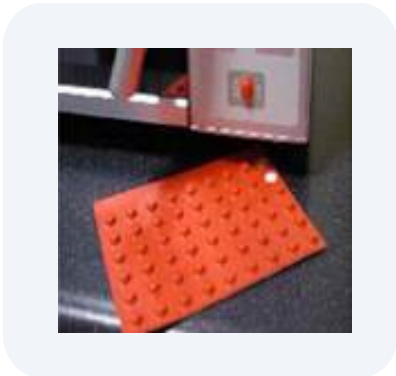
● Easy-to-see measuring jug



Large numbers and bold markings make measuring liquids easier. It can also be used alongside the talking kitchen scales.

Prices from £20

● Bump-ons



Small tactile dots that make buttons, switches and dials easier to find by touch - for example on a microwave or radio.

Strip of 6 - £1

Equipment can be demonstrated before purchase - please ask us if you'd like to try something.

HEALTH & WELLBEING

● Talking thermometer



Reads the temperature aloud to make checking temperatures easier.

Prices from £30

● Blood Pressure Monitor



Reads systolic and diastolic blood pressure and heart rate aloud.

Prices from £50

Please note: Some health and wellbeing items may need to be ordered in on request. Please contact us to check availability.

READING & WRITING

● Magnifiers



We stock magnifying glasses in a range of strengths, as well as unlit 2x Fresnel magnifying sheets. A demonstration can be arranged to help you find a suitable magnification.

Fresnel sheets from £4
Magnifying glasses from £15

● Writing guides



Writing guides help you write in straight lines. Sizes range from signature guides to full-page guides. They work particularly well with our broad or fine-line pens.

Prices from £2.50

● Large-print diaries



Large print makes dates easier to see. Three diary sizes are available, plus a wall calendar. Discounts are usually offered on diaries from around June.

A6 £6.50 | A5 £8.50 | A4 £10.50 | Calendar £8

ORGANISATION & TIME

● Address & telephone books



Large-print address and telephone books are available in two sizes.

A5 £9.50 | A4 £11

● Talking watches



Press a button to hear the time announced. Most modern models include remote time setting to change with British Summer Time. A choice of strap styles is available.

Prices from £40

● Talking clocks & alarm clocks



A button on the top announces the time, with a further press announcing the date. There are two versions: one is set manually and the other receives a radio signal to update the time.

Prices from £20

Watch battery replacement service - £15

Send your watch to our main office and we will replace the battery. Please include your name, address and contact number with the watch.

AUDIO & IDENTIFICATION

● USB player



Use a USB player to access talking book services from RNIB and other organisations. It can also play MP3 files. Stock varies, and checked donated players may sometimes be available at a reduced price.

Prices from £55

● VI lanyards & badges



A hands-free way to let others know that you are visually impaired. The lanyard includes space for emergency contact details. Deafblind lanyards and armbands can be made on request.

Lanyards £2.50 | Armbands £5

NEED SOMETHING ELSE?

Please get in touch. We can talk through your needs and advise on other equipment that may be available.

MOBILITY & VISIBILITY

● Symbol cane



A symbol cane is held to alert other people that you are visually impaired. It is different from a guide cane or long cane, which are used for detecting obstacles and navigation.

Guide and long canes are provided after training. We can help point you towards the appropriate training if you are unsure who to contact.

The fold-up walking stick combines a mobility aid with the visibility of a symbol cane and is the only cane we sell that is designed to take a person's weight.

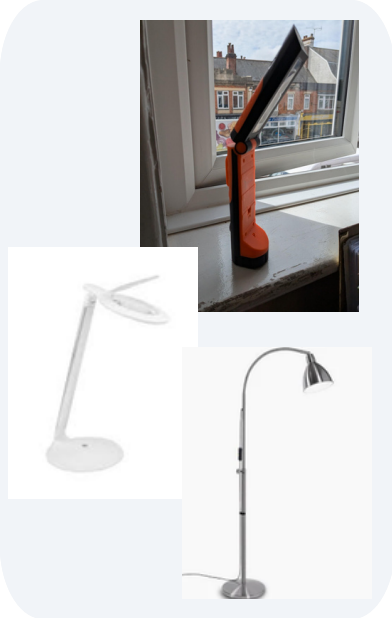
Symbol cane £21

Walking sticks from £15

Guide and long cane prices on request

LIGHTING & PERSONAL CARE

● Daylight lamps & torches



Good lighting can make a significant difference to what someone is able to see. We stock bright torches and lightbulbs, and a range of daylight lamps.

Folding torch from £7 | Lamps from £25

● Magnifying mirrors



Illuminated magnifying mirrors can make tasks such as applying make-up or shaving easier.

Prices from £40

A note about stock

Products and models can change. Please contact us before making a special journey if you are looking for a particular item.

OVERGLASSES & EYE SHADES



Overglasses can reduce glare or improve contrast. Different filter colours can suit different environments and visual needs, so we recommend trying them where possible. For example, yellow glasses are good at increasing contrast and therefore are recommended for people with cataracts.

Overglasses from £12

Yellow - F50/F58



Heightens contrast. Provides maximum brightness. Can enhance visual acuity. Night blindness. Sports/snow.

UV/BBP

Orange - F68



Intensifies backgrounds and contrast. Computer work and sport. Helpful for reading with macular degeneration.

UV/BBP

Light amber - F48



Good for indoor use. Can heighten contrast.

UV

Amber - F40



For extreme light sensitivity. Blue-light blocker. Post-cataract operation. Cuts glare and sharpens focus.

UV/BBP

Mid grey - F21



Soothing colour that sharpens focus. Excellent glare protection.

UV

Dark grey - F22



Cuts glare and sharpens focus with natural colour rendition. Good for post-op.

UV

UV: Protection from ultraviolet light.

BBP: Blue-blocking protection, which filters blue light to help reduce glare and improve contrast.

QUICK PRICE GUIDE

Starting prices - please contact us for current stock and availability.

Address / telephone books **from £9.50**

Armbands **£5**

Blood pressure monitor **from £50**

Bump-ons - strip of 6 **£1**

Daylight lamps **from £25**

Easy-to-see measuring jug **from £20**

Folding torch **from £7**

Fresnel sheet **from £4**

Guide & long canes **price on request**

Large print diaries **from £6.50**

Liquid level indicator (LLI) **from £12**

Magnifying glasses **from £15**

Magnifying mirrors **from £40**

Overglasses **from £12**

Symbol cane **£21**

Talking alarm clocks **from £20**

Talking kitchen scales **from £50**

Talking thermometer **from £30**

Talking tins **from £15**

Talking watches **from £40**

USB player **from £55**

VI Lanyards **£2.50**

Walking sticks **from £15**

Wall calendar **£8**

Watch battery replacement **£15**

Writing guides **from £2.50**



NEED HELP CHOOSING THE RIGHT EQUIPMENT?

Our team can offer advice, demonstrate equipment and help you explore what may be suitable.

CONTACT US

01202 712 865

**17 Bournemouth Road, Lower Parkstone,
Poole, Dorset BH14 0EF**

**info@dorsetblind.org.uk
www.dorsetblind.org.uk**

Prices are correct at the time of publication and may change. Please contact us to check current availability.

Registered Charity 1140321
A Charitable Company Limited by Guarantee number 7435564
Registered in England and Wales